



# THE ULTRA MARCH 2024

## WEB COPY

### WALK, HIKE, OR TREK

100km in under 24 hrs or 50km in 12 hrs.

Ultra Challengers – do you have what it takes to pit yourself against the Ultra Clock? “**ULTRA MARCH**” is a NEW category in existing Ultra Challenge events to Push Yourself Further!

Many who run & jog will beat the 24 hr/100km pace on Ultra Challenge events. However, an Ultra March is about WALKING at a brisk & consistent pace with other like-minded challengers – a bit like a march – and still taking in the great rest stops & services of an Ultra Challenge!

- Participants opt-in to the Ultra March category within an event.
- Up to 300 will set off together as a big Ultra March group.
- Single Start Time is always ‘last off’ – typically 9.30 – 10.00am Saturday.
- FREE Ultra March T shirt & headband at registration to look the part!
- Ultra March ‘Pacers’ set the min. pace (with ‘sensible’ rest stop time).
- Special Finishers Medal & Certificate .
- ‘Hall of Fame’ on the website (optional!)

## THE ULTRA MARCH EVENTS

The Ultra March category will be in 9 of the 2024 Ultra Challenge events – starting end of May:

- London 2 Brighton (25 May – 100km)
- Lake District (8 June – 100km & 50km)
- Cotswold Way (22 June – 100km & 50km)
- Peak District (6 July – 100km & 50km)
- North Downs 50 (27 July – 50km)
- South West 50 (3 Aug – 50km)
- South Coast (7 Sept – 100km)
- Thames Path (14 Sept – 100km & 50km)
- Chiltern 50 (28 Sept 50km)
- Kent Downs – NEW (12 Oct – 50km)

## THE RULES

Over & above the general Ultra Challenge Rules – on an Ultra March it’s:

- STRICTLY WALKING ONLY (no jogging / running)
- Stage times will be ‘checked’ to ensure the above – supporting Trekmasters will ‘keep an eye open’.
- You must complete 100km in sub 24 hours (or the 50km in sub 12) to qualify for special medal & certificate & the ‘HALL OF FAME’.



- If you are 'outside' of the time target – you still celebrate with a conventional 'Ultra Challenge medal / certificate.

## **SIGNING UP AS AN ULTRA MARCHER**

- **ALREADY SIGNED UP TO AN ULTRA CHALLENGE?**

You will be able to 'move' into the appropriate Ultra March category on that event. We provide a form to enable that (visit the event page / Ultra March block)

- **NOT YET SIGNED UP TO AN ULTRA CHALLENGE?**

You will be able to 'opt' into the appropriate Ultra March category via the event Registration Form.

**Registration Forms (on applicable events) incorporate an Ultra March 'Opt In'. If you're already signed-up to an Ultra Challenge (with an Ultra March) – visit the event page – and follow the 'How to Join' on the Ultra March block.**